

## **CHAPTER 10**

### **JOURNEY TO OZ**

#### **Overview:**

Returning home is the ultimate expression of the Atonement principle. “I once was lost but now I’m found!” Listening to Amazing Grace may be an excellent preliminary experience and discussion of how the author made a huge shift from slave ship captain to a devoted member of the clergy.

#### **JOURNEY TO OZ INDUCTION**

I’d like you to please take a few moments and allow yourself to relax as you take some time to lay back, take some deep slow easy breaths and feel as comfortable as you can be – while you listen to my voice the gentle background music; sense the feelings inside your stomach while being aware of any thoughts or images which pass through your mind.