

CHAPTER 34

HEALING YOUR INNER CHILD INDUCTION

Overview:

The wounded child is a frequent archetypal pattern that gets individuals stuck in infantile mind sets. This causes a person to attempt to get today what they missed back “then” as a child. Yet as they are no longer that child those needs are no longer relevant. Until this is realized someone will act as if they are still helpless to fill their own needs and will demand and expect others to do so as “they deserve it.” This is the trance of the inner child and it obliterates all connection to reason and awareness creating infantile defense mechanisms to avoid making a real change. When in these trances this wounded child can become quite vicious and revengeful.

HEALING YOUR INNER CHILD INDUCTION

- **What’s your earliest moment growing up?**
 - Preliminary-
 - 1. **What are the most significant events of your childhood?**
 - 2. **How did they influence you and your belief about yourself?**
 - 3. **Who were the most influential people in your life as a child?**
 - 4. **What about them did you admire most?**
 - 5. **What about them did you dislike the most?**