

CHAPTER 21

DEVELOPING RESPONSE ABILITY

Overview:

Until someone takes responsibility for their actions their ability to respond is greatly compromised. This induction is excellent for those caught in blame, shame, guilt and regret.

DEVELOPING RESPONSE ABILITY

I would like you to take a few minutes to orient yourself in a comfortable way, to pay attention to what I am saying consciously, while pretending that there are no hidden unconscious meanings in what you hear...in this room...listening...just allow yourself to relax and discover whatever position works best for you to feel comfortable enough to drift into a pleasant trance. You may feel as if you are day dreaming perhaps, or so absorbed in what I am saying it's like being caught up in a compelling movie...transfixed onto every image you see and allowing yourself to respond in whatever way you feel inside...for it is this type of absorption that can allow you to experience deeper parts of your inner dimensions...of which there are many seen and unseen...the depth of your intellect...the width of tolerance...the weight you place upon the events which happen...the lengths you will go to accomplish your goals and the inner dimensions of Spirit, God and Love.