

CHAPTER 16

BAMBOO AND THE GROWTH OF FAITH

Overview:

This is both a metaphor for faith and a call for consistency. The ego demands instant gratification while true growth only comes from planting, taking root, moving upward and expanding our branches of reach. This is the journey and like compound interest creates experiential results the longer it is maintained. Learn to make regular deposit to your personal “savings” account! It pays off in the long term!

BAMBOO and “GROWTH OF FAITH” INDUCTION

Faith & Patience

1. (*Begin with name*) I would like to talk to you. I know you are a (profession), that you came from (_____) I grew up in (Brooklyn) and I liked (something about their place of birth). I still do. So I would like you to take a seat in that easy chair and get comfortable as I would like to talk to you. You can relax and discover whatever level of comfort you think will be most useful now - focusing on something in the room that attracts your attention and feels good to concentrate on or you can close your eyes and remember a place you've been that felt warm and safe. And you can feel free to shift your position to enjoy even more inner comfort any time you like and as you do I'm going to say a lot of things to you but it won't be about (place they grew up) because you know more than I do about (*place*). That isn't what you want.