

## CHAPTER 61

### POTENTIAL CLOSINGS FOR HYPNOTIC

#### INDUCTION OVERVIEW:

How you close a hypnotic induction is a key for putting into action the core of the induction's purpose. Although each induction given has a specific closing, these are some additional ones you can add in when you feel appropriate.

#### INDUCTION CLOSINGS

#1. *“Go home today and let your unconscious mind think over all the things that have been said and all the things that have been thought. Find something useful that your unconscious mind knows will help you to discover a useful attitude or approach - that surprises those around you on how different you appear to be, handling those things that need our time and attention to bring about a peaceful resolution, a successful transition and a lasting sense of joyful accomplishment - and it won't be necessary to tell me or anyone else about it and what change you decided to make - for I'll take you're word for it - I'll be more interested in the fact you are feeling better not caring at all about why, you are - I'll be entitled to my own thoughts about it - as you will be yourself - for my only suggestion is rather simple - you ought to enjoy as much of life's delight as you wish - really enjoy being in delight as much as you want to - and later when you get home you can let down and relax for an hour or two and let your unconscious mind think over what all this has meant for you”.*

**Key:** accept the clients ideas no matter what they are and then you can try to lead to expand model, open up new resources –