

CHAPTER 15

ACHIEVING IMPULSE RELEASE & FORGIVENESS

Overview:

Forgiveness is the path to freedom and release from the egoic mind and all its' insanity. I use this Induction as part of a multi-pronged protocol to approach this most important experience. Each induction is layered in one upon the other to create a powerful matrix.

ACHIEVING IMPULSE RELEASE & FORGIVENESS INDUCTION

Have you ever noticed how sometimes we have a tendency to hold on to unpleasant memories from the past – going over it in our mind, over and over again on how someone hurt us, betrayed us or threatened us? Perhaps you've experienced this yourself once or twice and found yourself feeling bad, feeling upset or just plain angry about something that happened long ago – experiencing the unpleasant event as if it was happening right now? Now – if you're like most people I've worked with, there have been different people in your life – who at one point or another, had caused you pain or suffering – that at some level you have at times felt connected to – are you willing to search your mind for one or two of those situations?