

CHAPTER 27

HEALING THE SEPARATION INDUCTION

Overview:

The underlying cause of the ego, the world, the body and human existence is based on the belief we did the impossible and separated from God, our Source, the Oneness of Creation. This induction addresses this at a very deep level and is especially useful with students of A Course in Miracles, Christians, and Jews.

HEALING THE SEPARATION INDUCTION

Please take a few moments to relax and go inside yourself to discover an inner state of calmness-focusing on your breath, the movement of your heart, the sound of the music and of my voice-which will go with you deep inside as you allow yourself to discover with each breath how relaxed you can become-perhaps even seeing an image of yourself twice as relaxed as you are now-and as you do relax...It may come as no surprise to you, that in the world in which we live, it can sometimes feel we are alone....isolated...alienated...disconnected.....an island in a huge empty ocean on our own...