

CHAPTER 29

EXPANDING AWARENESS OF INTENTION AND DECISION INDUCTION

Overview:

Our intentions determine the quality of our decisions. Intentions “stretch” the mind and seek to extend our emotional state of being. They are the core of a decision as a nucleus is the core of an atom.

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Earlier today you were aware of your feelings...your thoughts and, even the decisions you chose, to guide you, in the directions you have taken. After all, it was those decisions, that brought you here...or else you'd be somewhere else. In any day you decide hundreds of things. You decide what to wear and what to eat, as well as what not to wear and what not to eat, where you will and won't go and, how you'll get there. Sometimes, you decide to let others decide for you and at other times you decide to decide for yourself. Sometimes you decide to agree to what another has told you and other times you decide to reject it. Even now, you're deciding whether you should listen closely to what I'm saying, or just let your conscious mind drift off somewhere else, while your unconscious mind decides how it will absorb this session.