

CHAPTER 8

THE ATTACHMENT TO AND FREEDOM FROM DESIRE

Overview:

Desire is the underlying cause of all misery and excitement. Desires are the ego's method for making the world real and reinforcing a sense of lack and scarcity. The ultimate transformation occurs when life's desire to extend itself through us is recognized and embraced so we can surrender the I, me and my to allow Thy Will to be done through us and as us. This is the extension of our Being and the sharing of the essence of passion that is the core of existence. This is the ultimate freedom, non-doership – Nishkarm Karm Yog.

THE ATTACHMENT TO AND FREEDOM FROM DESIRE

INDUCTION

Start with trance development method.

Have you ever thought about what you really want in life...and how this desire is a reminder that you don't have this? Sounds simple I know yet simple things can turn quite complex when we forget the simple way something began - for its true isn't it - we must believe something is missing and has a value to us before we can say we want it - or feel we need it - perhaps that its our right - our obligation - our expectation that we should have it - so that at last, that sense of frustration that may have been experienced at earlier stages in our life can finally be satisfied - fulfilled - no longer providing us a new - sense of frustrating sensations, that we label as unpleasant, uncomfortable or unhappiness itself for - I think you'd agree with me, even as you ponder this for yourself about different stages of your life - from infancy onward - there always seems to be something we desire to get, to have and to hold, in our attempt in life to feel good